# CMDF ENRICHMENT PROJECT 2024/2025



### (1) Community Wellness Enhancement Project社群身心關愛項目

#### The background of the co-partner (Serve2U) in Lao

The training & service centre in Vientiane (Laos) undertakes to serve the Chinese migrants/workers, local Lao people and minority groups through medical, education, train the trainer scheme, rehabilitation etc. We aim at betterment of life and spirit for the new generation.

## (1) Community Wellness Enhancement Project 社群身心關愛項目

#### This Project covers 3 parts

- A) Rural Hydro System Project
- ➤B) Poverty Relief Support
- >C) Statistical Research & Study Program "GoHealth, New Generation" in Serve2U Services & Training Center

Location: Vientiane, Lao PDR

#### Target Population

- > A & B) rural village indigenous residents
- C) household unit using Chinese language

Estimated Budget for 3 months of each candidate: around HK\$32,000.00

## Module Introduction (A) Rural Hydro System Project

#### 1. Assistant in project planning & execution.

- Focus on providing clean and reliable water supply to underprivileged communities in rural areas.
- Increase underprivileged communities' awareness of the importance of access to clean water for improving health and well-being.

## Module Introduction (A) Rural Hydro System Project

- 2. Debriefing review of maintenance system, health issues, and social impact of clean water supply
- Conduct assessments and evaluations to ensure the sustainability and effectiveness of the clean water supply system.
- Evaluate the impact of the project on the health and social well-being of the local underprivileged community.

### Module Introduction (B) Poverty Relief Tasks

- 1. Assistance in planning & distribution of food & donated resource.
- 2. Preparation for the dispatch of resource.

### Module Introduction ©Statistical Research & Study Program

- > Design & execution of statistical research & study program.
- > Preparation for health talks and health promotion program.
- Experience in cross cultural adaptation.
- > Participation for family medicine & remedial therapy.

### REQUIREMENT FOR STUDENTS

- 1. Capable for cross-cultural adaptation.
- 2. Commit to bear good witness as a healthcare provider.
- 3. Willing to participate and demonstrate good team spirit.
- 4. Having patience to listen, initiative to action, submission to follow medical supervisor's advice and instructions.
- 5. Putonghua is a prerequisite for applicant.
- 6. Attachment Duration: Semester 1 (Sep-Dec.2024)

#### LEARNING OPPORTUNITIES

- > Understand cultural influence in health belief and healthcare utilization.
- Appreciate different healthcare infrastructure and service provision in different countries.
- Appreciate the impact of sanitary improvement and education on health status of individual community.

## (2) Pleroma Well-Being Enhancement Project

The background of the co-partner (Fullness in Christ Fellowship) in Cambodia

Pleroma Family Ministry is a holistic ministry focused on combating human trafficking in Cambodia. Our goal is to provide spiritual and emotional counselling and healing, along with educational and vocational training to girls and women. Concerned about the sex trafficking, low level of education, and poverty of girls and women in Cambodia.

There are 4 projects in Cambodia:

- (a) Pleroma Home for Girls (PHG) (b) Pleroma School for Girls (PSG)
- (c) Pleroma Home for Women (PHW) (d) Pleroma Community Centre (PCC)

## (2) Pleroma Well-Being Enhancement Project

Location: Phnom Penh, Cambodia

Target Population: home girls (age around 10~16) & home women (+babies)

#### Requirement for student:

- 1. Capable for cross-cultural adaptation and serve with empathy.
- 2. Proactive and demonstrate good team spirit.
- 3. Be patient to listen and submissive to follow supervisor's advice and instructions.
- 4. Can speak Putonghua is preferable.

#### Module Introduction-Pleroma Well-Being Enhancement Project

Provide the girls and women at the centre a basic and comprehensive medical assistance and advice on the following areas in order to enhance their wellbeing:

- > Physical Fitness & Nutrition Advice
- Personal Hygiene & Oral Hygiene
- > Emotional Management
- Regular Lifestyle

### (2) Pleroma Well-Being Enhancement Project

Attachment Duration: Semester 2 (Jan/Feb-Apr/May, 2025)

Estimated Budget for 3 months of each candidate: around HK\$28,000.00

#### Learning Opportunities:

- Understand cultural influence in health belief particular for female in Cambodia.
- Appreciate the impact of health and hygiene and education on various health aspects to the individual in the community.
- To raise awareness & understanding about health issues in girls home & women centre.

# ENQUIRY & APPLICATION (Open Now)

Organizer: Christian Medical & Dental Fellowship of Hong Kong (CMDF-HK)

Contact: Peggie (Staff Worker)

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- ✓ If you want to know more CMDF, pls visit our website <a href="https://www.cmdf.org.hk">https://www.cmdf.org.hk</a>
- ✓ <u>CV Application</u> including personal information, church affiliation, education, volunteer experience, character, goal if any & the purpose/reason for application and please send it to CMDF by WhatsApp or by Email.
- ✓ <u>CMDF Medical Student Sponsorship Scheme</u> is eligible for those successful applicants who are on financial difficulties/burden.
- ✓ <u>Interview</u> will be arranged upon receipt of CV application with each candidate.