

C MDF ENRICHMENT PROGRAM 21/22



(1) Community Wellness Enhancement Project

社群關愛及山區民生服務工程

The Project covers 2 parts:

- A) Rural Hydro System Project coupled with Poverty Relief Support
- B) Community Wellness & Training Centre operated by Serve2U

Location:

Vientiane, Lao PDR

Target Population :

- A) rural village indigenous residents
- B) Chinese emigrants, young people in the capital city.

(1A) Module Introduction - Rural Hydro System Project & Poverty Relief Support

- Involvement in planning and distribution of resource
- Preparation for the dispatch of resource
- Site visit for rural village, local community hospital or health centre
- Survey for local hygienic condition and sanitary facilities
- Debriefing review of impact of clean water supply

(1B) Module Introduction – Community Wellness & Training Centre

- Language practice and cross-cultural adaptation.
- Preparation for Health talks.
- Design and execution for exercise programme.
- Participation in recreational therapy.

REQUIREMENT FOR STUDENTS

1. Capable for cross-cultural adaptation.
2. Commit to bear good witness as a healthcare provider.
3. Willing to participate and demonstrate good team spirit.
4. Having patience to listen, initiative to action, submission to follow medical supervisor's advice and instructions.
5. Putonghua is an advantage for applicants
6. **Attachment Duration: Semester 1 (mid Sep – mid Dec)**

LEARNING OPPORTUNITIES

- Understand cultural influence in health belief and healthcare utilization.
- Appreciate different healthcare infrastructure and service provision in different countries.
- Appreciate the impact of sanitary improvement and education on health status of individual community.

(2) Pleroma Well-Being Enhancement Project

Module Introduction:

Provide the girls and women at the centre a basic and comprehensive medical assistance and advice on the following areas in order to enhance their wellbeing:

- Physical fitness & Nutrition advice
- Personal hygiene & Oral hygiene
- Emotional management
- Regular lifestyle

(2) Pleroma Well-Being Enhancement Project

Location: Phnom Penh, Cambodia

Target Population: home girls (age is around from 10 to 16)

Requirement for student:

1. Capable for cross-cultural adaptation and serve with empathy.
2. Proactive and demonstrate good team spirit.
3. Be patient to listen and submissive to follow supervisor's advice and instructions.
4. Can speak Putonghua is preferable.

(2) Pleroma Well-Being Enhancement Project

Attachment Duration: Semester 2 (Jan, Feb till mid March)

Learning Opportunities:

1. Understand cultural influence in health belief particular for female in Cambodia.
2. Appreciate the impact of health and hygiene and education on various health aspects to the individual in the community.
3. To raise awareness & understanding about health issues in girls home & women centre.

ENQUIRY & APPLICATION

- ✓ **CONTACT ~ CMDF HK (Peggie)**
2369 8511 (Office) / 6701 3555 (WhatsApp) / info@cmdf.org.hk (Email)
- ✓ If you want to know more CMDF, pls visit our website <https://www.cmdf.org.hk>
- ✓ **CV Application including personal information, church affiliation, education, volunteer experience, character, goal if any & the purpose/reason for application and please send it to CMDF Office by WhatsApp or by Email, and it is open for application Now.**
- ✓ **CMDF Medical Student Sponsorship Scheme is eligible for those successful applicants who are on financial difficulties/burden.**
- ✓ **INTERVIEW will be arranged upon receipt of CV application.**